CAMDEN CITY SCHOOL DISTRICT



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FOR IMMEDIATE RELEASE

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Camden's School Based Youth Service Program to host Districtwide Teen Mental **Health Summit**

CCSD and SBYS shine a light on teen mental health awareness by hosting 1st Teen Mental Health Summit

Camden, NJ – On Saturday, May 13th at Eastside High School, the Camden City School District's School Based Youth Service Program (SBYSP) will be hosting the first teen mental health youth summit from 9am - 2:30pm for all Camden City youth residents. The goal is to shine a light on teen mental health and bring to the forefront what may appear as a common teen/adolescent issue, can be a cry for help.

According to a report released by the World Health Organization, in November 2021, 4.6% of teens between the ages of 14-19 experience an anxiety disorder, 2.4% of 15-19-year-olds experience challenging behaviors in the form of conduct disorders. In the same year, the Centers for Disease Control (CDC) reported that a third of high school students disclosed that they have experienced thoughts of suicide, sadness, and feelings of hopelessness.

As a result, the "Teen Mental Health Summit" will explore and discuss mental health from a teen's perspective and underlying issues that impact the mental wellbeing of teens. Attendees will be engaged with interactive activities, informative presentations, and relevant resources for teens, parents, and caregivers.

Who: Camden City School District - School Based Youth Service Program

What: Camden's SBYSP to host city-wide Teen Mental Health Summit

When: Saturday, May 13, 2023, from 9:00 a.m. - 2:30 p.m.

Eastside High School | 3100 Federal St. Camden Where:

About SBYSP: The School Based Youth Service Program (SBYSP) is in host schools and partners with existing resources in the community to serve students and families. Youth are eligible to participate in services before, during and after school. SBYSP core services include mental health counseling, employment counseling, substance use education/prevention, primary medical linkages, learning support, healthy youth development, recreation information and referral.

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