

How Can Families Help With Virtual Learning?

Create a Learning Space

- Find a quiet space for your student to work
- Add a trifold board to block out distractions
- Have all school supplies in one place where your student will be working
- Charge chromebooks each night



Create a Schedule

- Check the Meet schedule for each class
- Schedule lunch break and movement breaks throughout the day
- Set a start time for the day
- Set a bedtime to ensure students get enough sleep



Limit Distractions

- Online learning is just like being in school.
- Create expectations around phone/TV/music during school hours
- Limit distractions during Meet sessions



Check in with Your Student

- This is new for all of us. Check in with your student each day to see how they are doing
- How are they doing with class?
- How are they feeling emotionally?



Communicate with Teachers

- We are all in this together!
- If you aren't sure of an assignment, please reach out to the teacher
- Let's work together to ensure your student's success!



Take Care of Yourself

- This is tough for all of us, you included!
- Take some time for you!
- We need you!
- Your student needs you!

