

Breakfast Menu

Camden Veterans Memorial Family

February 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

WHITSONS IS A PORK & PEANUT FREE ENVIRONMENT

Tuesday



Wednesday



Thursday

Friday

5 Blueberry Muffin
Banana Muffin
Fresh Grapes
1% Milk

6 Bacon, Egg and Cheese Breakfast Sandwich
Diced Peach Cup
1% Milk



7 Belgian Waffle Bites
Fresh Strawberries
1% Milk

8 Whole Grain Pancakes with Sausage
Blueberries
1% Milk

9 Egg and Cheese Sandwich
Sautéed Cinnamon Apple Slices
1% Milk

12 Whole Grain French Toast Slices
Turkey Sausage Patty
Fresh Strawberries
Mixed Berry Cup
1% Milk

13 WG Cherry Muffin
Banana Muffin
Apple Slices
1% Milk

14 Bacon, Egg and Cheese Breakfast Sandwich
Strawberry Cup
1% Milk

Valentine's Day

15 Whole Grain Pancakes with Sausage
Fresh Blueberries
1% Milk

16 Breakfast Burrito
Fresh Green Grapes
1% Milk



19 Belgian Waffle Bites
Fresh Blueberries
1% Milk

20 Bacon, Egg and Cheese Breakfast Sandwich
Diced Peach Cup
1% Milk

21 Whole Grain French Toast Slices
Turkey Sausage Patty
Homemade Caramelized Apples
1% Milk

22 Egg and Cheese Sandwich
Fresh Grapes
1% Milk

23 Homemade Muffins
Fresh Blueberries
Pineapple
1% Milk



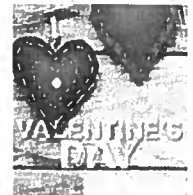
26 Whole Grain Pancakes with Sausage
Strawberry Cup
1% Milk

27 Breakfast Burrito
Fresh Fruit Cup
1% Milk



28 Belgian Waffle with Caramelized Apples
1% Milk

29 Whole Grain French Toast Slices
Blueberries
1% Milk



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Offered Daily Assorted Fresh Fruit

Apples, Oranges, Bananas, Pears, Grapes, Melons When In Season

Assorted Cereal Daily

Available Alternatives:

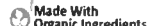
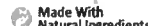
Monday- Yogurt Parfaits

Tuesday- Asst. Cereal w/Graham Crackers

Wednesdays- Assorted Muffins

Thursday- Bagel w/ Cream Cheese

Friday- Apple Benefit Bar



Lunch Menu

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February
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Monday

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Tuesday



Wednesday



Thursday

Friday

5 French Bread Pizza
Glazed Carrots
Garden Salad
Pineapple
1% Milk

6 Chicken Nuggets
Homemade Mac & Cheese Side
Steamed Broccoli
Cucumber Coins
Fresh Apple
1% Milk

7 Salisbury Steak
Sautéed Onions & Peppers
Mashed Potatoes
Whole Wheat Dinner Roll
Fresh Pear
1% Milk

1 Chicken Philly Cheesesteak
Sautéed Onions & Peppers
Sweet Potato Fries
Fresh Pear
1% Milk

2 Bacon Cheeseburger
Potato Puffs
Garden Salad
Fresh Grapes
1% Milk

National Tater Tot Day

9 Pasta with Meat Sauce
Green Beans
Carrot Sticks
Berry Cup
1% Milk

12 Fish and Chips
Sautéed Spinach
Strawberries
1% Milk

13 Crispy Chicken Drumstick
Whole Wheat Dinner Roll
Collard Greens
Aloha Sweet Potatoes
Berry Cup
1% Milk

14 Crispy Tacos
Fiesta Corn
Mild Salsa
Pineapple
1% Milk
Fat Free Strawberry Milk

Valentine's Day

15 Bacon Cheeseburger
Potato Wedges
Iceberg Lettuce
Sliced Tomatoes
Fresh Apple
1% Milk

16 Chicken & Cheese Quesadilla
Spicy Black Bean Salad
Fresh Cucumber Salad
Sliced Oranges
1% Milk

19

20 French Bread Pizza
Fries
Carrot Sticks
Fresh Grapes
1% Milk

21 Baked Chicken Tenders
Whole Wheat Dinner Roll
Steamed Broccoli
Side Garden Salad
Fresh Apple
1% Milk

22 Nachos Grande
Pinto Bean Confetti Salad
Fiesta Corn
Salsa
Pineapple
1% Milk

23 Cheeseburger
Fries
Side Garden Salad
Fresh Orange
1% Milk

26 Meatless Chik'n Nugget Parm Sandwich
Sweet Potato Fries
Caesar Salad
Fresh Apple
1% Milk

27 General Tso's Chicken
Brown Rice Pilaf
Steamed Corn
Berry Cup
1% Milk

28 Beef Hot Dog on Bun
Baked Beans
Cucumber Coins
Berry Cup
1% Milk

29 French Bread Pepperoni Pizza
Steamed Broccoli
Carrot Sticks
Fresh Apple
1% Milk



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Daily Options Offered:
Assorted Fresh Fruit
Apples, Oranges,
Bananas, Grapes, Pears
& Melons in Seasons Fat
Free Milk & 1% Milk

Alternate Lunches
Monday-Yogurt Parfait
Tuesday-Tuna Wrap
Wednesday-Chicken Caesar Salad
Thursday- Sun Butter and Jelly
Friday - Turkey w/Cheese Sandwich

